

SES Crock Pot Beef

3 lbs Beef Roast (something in the pot roast theme; we used cross rib.... it was on sale).

1 pkg dry Italian Salad Dressing

1 pkg - dry Ranch Dressing

1 pkg dry Brown Gravy

Mix these 3 dry mixes with 2 cups of water in a crock pot. Add the roast.

Cover and cook on low for at least 8 hours.

Shred with two forks.